

Dolgeville Central School

January 2019 Lunch Menu

Monday 21		Tuesday 22		Wednesday 23		Thursday 24		Friday 25	
		Twisted Tuesday Breakfast for Lunch French Toast, Sausage Links	MMA WG MMA	Chicken Nuggets	MMA	Hamburger or Cheeseburger on a Bun	MMA WG MMA		
No School Today		Condiments		Condiments		Condiments			
		Hash Brown	SV	Rice Pilaf	WG	Oven Fries	SV	No Lunch Today	
Martin Luther		Broccoli	DGV	Carrot Sticks	ROV	Baked Beans	L		
King Day		Applesauce	F	Spinach	DGV	Green Beans	OV		
				Pears	F	Mandarin Oranges	F		
		REGENTS WEEK		Regents Week		Regents Week			
Monday 28		Tuesday 29		Wednesday 30		Thursday 31		Friday	
Penne with Meat or Marinara Sauce or Chicken Riggies	MMA WG MMA WG	Soft Taco or Nachos with Meat & Cheese	WG WG MMA	Chicken Patty on a Bun	MMA WG MMA	Hamburger or Cheeseburger on a Bun	MMA MMA WG		
Condiments		Condiments		Condiments		Condiments			
California Blend	OV	Spanish Rice	WG	Rice Pilaf	WG	Oven Fries	SV		
Green Beans	OV	Refried Beans	L	Broccoli Salad	DGV	Seasoned Tomatoes	ROV		
Peaches	F	Corn	SV	Glazed Carrots	ROV	Zucchini	OV		
		Pears	F	Tropical Fruit	F	Applesauce	F		

All students will receive their lunch free this year, but you must take at least **3** items or you will be charged ala carte prices. **(1)** Choose one of the entrées. **(2)** Choose at least **1** fruit or vegetable. Fruits and vegetables are not limited. You may take as many as you will eat. **(Only 1 Juice & 1 fresh fruit)** **(3)** Any other side, fruit, vegetable or Choose 1 Milk-Low fat & Fat Free and Fat Free Chocolate.

Entrées available daily: Elementary side- Peanut Butter & Jelly or Tuna Sandwiches, Salads. High School side: Peanut Butter & Jelly or Tuna Sandwiches, Turkey or Ham Deli, Pepparoni or Cheese Pizza or Self-serve Salad Bar. Hot Soup on Thursdays.

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