



Monday

1

Pasta w/ Meat Sauce or Marinara Sauce

Spinach, Pudding, Fresh Fruit

Tuesday

2

Soft Taco or Nachos with Meat & Cheese

Spanish Rice, Black Beans, Seasoned Tomatoes, Peaches, Fresh Fruit

Wednesday

3

Pick Up Only

Assorted Sandwich
Bag of chips, Fresh Fruit
Applesauce, Vegetable, Milk, Juice

Thursday

4

Chicken Quesadilla Spicy or Plain

Red Bliss Oven Roasted Potatoes, Peas & Carrots, Pudding, Fresh Fruit

Friday

5

Devil Dunkers

Pasta w/ Sauce, Corn, Pears, Fresh Fruit

8

Meatloaf w / BBQ Glaze

Mashed Potatoes w/ Gravy, Spinach, Applesauce, Fresh Fruit

9

Baked Chicken

Red Bliss Oven Roasted Potatoes, Carrots, Fruit Cocktail, Fresh Fruit

10

Pick Up Only

Assorted Sandwich
Bag of chips, Fresh Fruit
Applesauce, Vegetable, Milk, Juice

11

Soft Taco or Nachos with Meat & Cheese

Spanish Rice, Refried Beans, Seasoned Tomatoes, Peaches, Fresh Fruit

12

Buffalo Chicken Pizza or Cheese Pizza

Broccoli, Corn, Fruit Cup, Fresh Fruit

15

No School

Mid-Winter Recess

16

No School

Mid-Winter Recess

17

No School

Mid-Winter Recess

18

No School

Mid-Winter Recess

19

No School

Mid-Winter Recess

22

Salisbury Steak

Mashed Potatoes w/ Gravy, Green Beans, Applesauce

23

Chicken Nuggets

Oven Fries, Broccoli, Pears, Fresh Fruit

24

Pick Up Only

Assorted Sandwich
Bag of chips, Fresh Fruit,
Applesauce, Vegetable, Milk, Juice

25

Soft Taco or Nachos with Meat & Cheese

Spanish Rice, Refried Beans, Seasoned Tomatoes, Peaches, Fresh Fruit

26

Popcorn Chicken or Tuna Fish Sandwich

Oven Fries, Corn, Fruit Cup, Fresh Fruit



All Students will receive their lunch free this year but, you must take at least three items or you will be charged ala carte prices

1. Choose an entrée

2. Choose at least one fruit or vegetable

3. Choose one milk – Low fat, Skim or chocolate fat free milk.