



**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**



**1**

**No School**  
Winter Recess

**4**

**Chicken & Biscuits**  
Broccoli  
Jell-O  
Fresh Fruit

**5**

**Soft Taco or Nachos with Meat & Cheese**  
Spanish Rice, Refried Beans  
Seasoned Tomatoes, Peaches, Fresh Fruit

**6**

**Pick Up Only**  
Assorted Sandwich  
Bag of chips, Fresh Fruit  
Applesauce, Vegetable, Milk, Juice

**7**

**Goulash**  
Green Beans  
Pears  
Fresh Fruit

**8**

**Baked Chicken**  
Red Bliss Oven Roasted Potatoes  
Spinach, Jell-O  
Fresh Fruit

**11**

**Chili & Hotdog**  
Sweet Potatoes Fries  
California Blend Vegetables  
Applesauce, Fresh Fruit

**12**

**Cheeseburger or Pulled Pork Sandwich**  
Oven Fries, Carrots  
Pears, Fresh Fruit

**13**

**Pick Up Only**  
Assorted Sandwich  
Bag of chips, Fresh Fruit,  
Applesauce, Vegetable, Milk, Juice

**14**

**Soft Taco or Nachos with Meat & Cheese**  
Spanish Rice, Black Beans  
Seasoned Tomatoes, Fruit Cocktail  
Fresh Fruit

**15**

**Chicken Nuggets**  
Oven Fries, Broccoli  
Fruit Cup  
Fresh Fruit

**18**

**No School**  
Martin Luther King Jr. Day

**19**

**Soft Taco or Nachos with Meat & Cheese**  
Spanish Rice, Pinto Beans  
Seasoned Tomatoes, Pears, Fresh Fruit

**20**

**Pick Up Only**  
Assorted Sandwich  
Bag of chips, Fresh Fruit,  
Applesauce, Vegetable, Milk, Juice

**21**

**Cheeseburger or Pulled Pork Sandwich**  
Oven Fries, Broccoli  
Chocolate Cake w/ icing  
Fresh Fruit

**22**

**Buffalo or Plain Chicken Wrap**  
Tortellini Salad, Carrots  
Fruit Cup, Fresh Fruit

**25**

**Spaghetti w/ Meatballs Garlic Bread**  
Green Beans  
Chocolate Cake w/ icing  
Fresh Fruit

**26**

**Popcorn Chicken or Chicken Bowl**  
Corn, Pears  
Fresh Fruit

**27**

**Pick Up Only**  
Assorted Sandwich  
Bag of chips, Fresh Fruit,  
Applesauce, Vegetable, Milk, Juice

**28**

**Soft Taco or Nachos with Meat & Cheese**  
Spanish Rice, Refried Beans  
Seasoned Tomatoes, Peaches, Fresh Fruit

**29**

**Pepperoni Pizza Pasta w/ Sauce**  
Greens  
Fruit Cocktail, Fresh Fruit

**All Students will receive their lunch free this year but, you must take at least three items or you will be charged ala carte prices**

- 1. Choose an entrée**
- 2. Choose at least one fruit or vegetable**
- 3. Choose one milk – Low fat, Skim or chocolate fat free milk.**