

# OCTOBER 2020

## Dolgeville Central School

Monday

Tuesday

Wednesday

Thursday

Friday

**Chicken Alfred w/ Pasta or Pasta w/ Meat Sauce** **5**

Broccoli  
Fruit Cocktail  
Fresh Fruit

**Soft Taco or Nachos with Meat & Cheese** **6**

Spanish Rice  
Refried Beans  
Seasoned Tomatoes  
Peaches | Fresh Fruit

**Pick up only** **7**

Assorted Sandwich  
Bag of chips  
Fresh Fruit  
Applesauce | Vegetable  
Milk | Juice

**Soft Taco or Nachos with Meat & Cheese** **1**

Spanish Rice  
Refried Beans  
Seasoned Tomatoes  
Peaches | Fresh Fruit

**Oven Roasted Chicken** **2**

Roasted Potatoes  
Carrots  
Corn  
Jell-O  
Fresh Fruit

**No School** **12**

**Columbus Day**

**Oven Roasted Chicken** **13**

Roasted Potatoes  
Green bean casserole  
Jell-O  
Fresh Fruit

**Pick up only** **14**

Assorted Sandwich  
Bag of chips  
Fresh Fruit  
Applesauce | Vegetable  
Milk | Juice

**Meatloaf** **8**

Mashed Potatoes w / Gravy  
Corn  
Pears  
Fresh Fruit

**Pasta w/ Meat Sauce or Marinara Sauce** **9**

California Blend Vegetables  
Fruit Cup  
Fresh Fruit

**Meatloaf w / BBQ Glaze** **19**

Mashed Potatoes w/ gravy  
Carrots  
Pudding  
Fresh Fruit

**Soft Taco or Nachos with Meat & Cheese** **20**

Spanish Rice  
Black Beans  
Seasoned Tomatoes  
Peaches  
Fresh Fruit

**Pick up only** **21**

Assorted Sandwich  
Bag of chips  
Fresh Fruit  
Applesauce | Vegetable  
Milk | Juice

**Soft Taco or Nachos with Meat & Cheese** **15**

Spanish Rice  
Pinto Beans  
Seasoned Tomatoes  
Peaches  
Fresh Fruit

**Meat Lovers Pizza Pasta w/ Sauce** **16**

Broccoli  
Fruit Cup  
Fresh Fruit

**Pasta w/ Meat Sauce or Marinara Sauce** **26**

California Blend Vegetables  
Peaches  
Fresh Fruit

**Pepperoni Pizza or Pasta with Sauce** **27**

Spinach  
Fruit Cocktail  
Fresh Fruit

**Pick up only** **28**

Assorted Sandwich  
Bag of chips  
Fresh Fruit  
Applesauce | Vegetable  
Milk | Juice

**Hamburger or Cheeseburger on a bun** **22**

French Fries  
Spinach  
Pudding  
Fresh Fruit

**No School** **23**

**Superintendent's Conference Day**

**Pasta w/ Meat Sauce or Marinara Sauce** **26**

California Blend Vegetables  
Peaches  
Fresh Fruit

**Pepperoni Pizza or Pasta with Sauce** **27**

Spinach  
Fruit Cocktail  
Fresh Fruit

**Pick up only** **28**

Assorted Sandwich  
Bag of chips  
Fresh Fruit  
Applesauce | Vegetable  
Milk | Juice

**Soft Taco or Nachos with Meat & Cheese** **29**

Spanish Rice  
Refried Beans  
Seasoned Tomatoes  
Peaches  
Fresh Fruit

**Pepperoni Pizza or Pasta with Sauce** **30**

Carrots  
Fruit Cup  
Fresh Fruit

All Students will receive their lunch free this year but, you must take at least three items or you will be charged ala carte prices

1. Choose an entrée
2. Choose at least one fruit or vegetable
3. Choose one milk - Low fat, Skim or chocolate fat free milk.